



# Book Review: A Woman of Strength & Purpose

by TheJoyfulAdvocate 17. June 2016 Book Reviews 4



## BOOK REVIEW: A WOMAN OF STRENGTH AND PURPOSE

So far in my life I have read two books that have been truly paradigm shifting for me. The first was *Captivating* by John and Staci Eldredge, the second, *A Woman of Strength and Purpose* by Cynthia Ulrich Tobias. In the first, I learned how to look at myself with God's loving eyes and heart. In the latter, I learned how to love the character traits that I've struggled with my whole life.

Allow me to explain...

Growing up, there were certain things I quickly noticed about myself – I enjoyed a good challenge, I was creative and a different thinker than those around me, I hated being told no, I was often the leader in a group of friends, and I had strong opinions. My parents often thought I was talking back to them when, really, I believed I was just defending my stance.

For the longest time, I thought all of these characteristics were “negative” and should be “corrected” if I ever wanted to succeed in adult life. I taught myself to be “softer,” to share my opinions less, and to be submissive to those around me. It was torturous inside, but on the outside, the people around me were happy.

When my daughter began developing her own personality, we quickly realized her will. We saw many characteristics that were, undoubtedly, handed down from me. However, I didn't think of these characteristics as negative. I was excited to have a strong-willed child and quickly began researching how to parent her in a way that what nurture her strong will.