How Strong Willed Is Your Family?

From You Can’t Make Me (But I Can Be Persuaded), by Cynthia Ulrich Tobias, M.Ed

Mark only those statements that are true *most* of the time for each member of your family.

**The Strong-Willed Child (SWC) or Strong-Willed Parent…**

almost never accepts words like "impossible" or phrases like "it can’t be done."

Parent ___  Parent ___   Child 1 ___  Child 2 ___

may move with lightning speed from being a warm, loving presence to being a cold, immovable force

Parent ___  Parent ___   Child 1 ___  Child 2 ___

may argue the point into the ground, sometimes just to see how far into the ground the point will go.

Parent ___  Parent ___   Child 1 ___  Child 2 ___

if bored, has been accused of actually creating a crisis rather than have day go by without incident

Parent ___  Parent ___   Child 1 ___  Child 2 ___

considers rules to be more like guidelines ("As long as I’m abiding by the ‘spirit of the law,’ why are you being so picky?").

Parent ___  Parent ___   Child 1 ___  Child 2 ___
shows great creativity and resourcefulness—seems to always find a way to accomplish a goal.

Parent ___ Parent ___ Child 1 ___ Child 2 ___

can turn what seems to be the smallest issue into a grand crusade or a raging controversy.

Parent ___ Parent ___ Child 1 ___ Child 2 ___

doesn’t usually do things just because "you’re supposed to"—it needs to matter personally,

Parent ___ Parent ___ Child 1 ___ Child 2 ___

often refuses to obey unconditionally—usually wants to negotiate a few terms before complying.

Parent ___ Parent ___ Child 1 ___ Child 2 ___

is not afraid to try the unknown—to conquer the unfamiliar (although each SWC chooses his own risks, they all seem to possess the confidence to try new things).

Parent ___ Parent ___ Child 1 ___ Child 2 ___

can take what was meant to be the simplest request and interpret it as an offensive ultimatum.

Parent ___ Parent ___ Child 1 ___ Child 2 ___

may not actually say the exact words to apologize, but almost always makes things right.

Parent ___ Parent ___ Child 1 ___ Child 2 ___

Continue to the next page to get your score!
Your score: How much strong will do you have?

0-3  You’ve got it, but you don’t use it much.

4-7  You use it when you need to, but not on a daily basis.

8-10 You’ve got a very healthy does of it, but you can back off when you want to.

11-12 You don’t leave home without it—and it’s almost impossible not to use it.

If you want to learn more about bringing out the best in a strong-willed child at home, in school and in life, pick up a copy of You Can’t Make Me (But I Can Be Persuaded) by Cynthia Ulrich Tobias wherever books are sold.

Read an excerpt at www.WaterBrookMultnomah.com

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